

# 5 DAY CHALLENGE

TURN YOUR EXISTING KNOWLEDGE INTO  
AN ONLINE COURSE



## WORKSHEET

DECIDING ON YOUR COURSE

Day One

# TODAYS VIDEO

<https://lux.ac/challenge-day01>

# TODAYS TASK

Today we're going to decide what our course focus is going to be.

It's all about choosing one area of expertise we are passionate about. Even though you may want to have many different courses, for now I want you to concentrate on only one area.

This subject isn't forever, it's just for now. Ask yourself now three questions:

1. What knowledge do I have that I can teach?
2. Which of these areas of knowledge do I enjoy the most? (pick only 2 or 3)
3. Of the two areas I enjoy the most, which am I most passionate about (pick only 1)

The one area you are most passionate about is your course subject. I've put together a sheet below to help you.

*Dr. Paul*

# TODAYS TASK

My areas of knowledge	What areas I enjoy the most	One area I'm passionate about most

# NOW DO THIS

1. Go to today's post in the Facebook Group
2. Put into the comments your course subject
3. Tells the other challengers why you're passionate about it
4. Use the hashtag #day1

*Dr. Paul*